

Claudia Seidel

Coaching in a Business Context – for Individuals, Business Partners & Teams

My Profile

I have been working as an independent business coach and process facilitator since 2003 under my label **C·S·X** and since 2014 under my name **Claudia Seidel**. During these years I have gained a lot of experience with companies, executives, employees and teams in small, medium and large companies as well as in the public sector.



I have been selling and managing coachings, trainings and teambuilding-events with up to 100 participants and 14 employees.

So far, I worked for the IT, banking, insurance and

construction industries, as well as construction and craft companies. For social institutions and service providers, for hospitals, for various administrations & associations as well as for the Federal Foreign Office and various foreign embassies.

As Business Coach I see myself as a source of inspiration and sparring partner with regards to your work or business. I am at your side as an employee, manager, team or entire company (SME) to clarify questions, to name goals and to shape the way to a specific goal. And above all: to keep up that path.

The methods and tools I use are for example constellations, powerful questions, emotional unfolding, visualizations and also background information. This way you recognize your own or other people's thought and behavior patterns and both positive and unfavorable consequences from them.

Certificates



Memberships



Languages

German

Englisch

French

„As a business coach, I support you in achieving your goals: through powerful questions, individual exercises and creating experiences.“

EDUCATION & TRAINING

- 2019:** **Design Thinking training** at *denkmodell.de*
- 2018** **Scrum Master training** at *proagile.de*
- 2017** **Professional Certified Coach PCC™** according to the standards of the International Coaching Federation (ICF)
- 2012 – 2016** **Certified Organizational and Relationship Systems Coach ORSCC™** by CRR Global, USA, an ICF Certified Coach Training School
- Since 2015 until today** **Berlin Chapter Host at ICF German Charter Chapter:** Organization of trainings and networking events for coaches and HR managers from different companies
- 2009 – 2010** **Coach-Training** at Coaching Spirale Berlin
- 2007** **Accredited as Trainer for the Team-Management Systems (TMS)** from Margerison-McCann©
- 2002 – 2003** Further training to become an **Outdoor-Trainer** as part of the experiential education course at ZIP in Karlsruhe
- 1993 – 1994** **Master of Science**, Rochester Institute of Technology, USA
- 1985 – 1991** **Graduate engineer** for operational planning & coordination at the HDK / UDK Berlin

PROFESSIONAL PRACTICE

- From 2009 until today** **Business Coach** for specialists and executives. Since 2012 also for teams. In Berlin, Paris and Bonaire. Throughout Germany in person and also internationally via video
- 2013 – 2020** **Personnel, team- & organizational development** under my label c-s-x, Berlin and nationwide
- 2000 – 2001** **Product Manager** at KPN/Qwest, Karlsruhe
- 1995 – 2000** **Lecturer & system administrator** at FCZB, Berlin
- 1991 – 1993** **Product Manager** at H. Berthold AG, Berlin

Experience

as leader

CEO and Project Lead with KPN/Qwest and my company c-s-x

in the public sector

Training, coaching und facilitation for the Federal Foreign Office, the National Association of Statutory Health Insurance Funds

in international environments

CRR Global (USA, F, N, Global), KPN/Qwest (USA, EU), Rochester Institute of Technologie (USA)



„I look forward to a lively and insightful coaching with you!“

C. Seidel